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ORTHODONTICS

SEPARATORS

- Separators create space between teeth.
- After being placed you may experience discomfort to pressure especially when chewing.
- Use Advil (ibuprofen) to ease discomfort.
- Brush normally but do not floss where they are placed.
- Avoid sticky foods such as gum, toffee, jube jubes, etc.
- If a separator falls out it may need to be replaced. Check the space between the teeth with floss. If tight call for an appointment to replace the separator